

# Moccha Thick Shake

Makes 6

1/2 cup Akta-Vite  
1 1/4 cups milk or dairy free beverage  
2 tbs caster sugar  
6 tsp instant coffee  
1 litre vanilla ice cream or dairy free ice cream  
1/2 cup plain yoghurt or lactose free yoghurt  
8 large ice cubes

Whisk milk and sugar in a saucepan over low heat for 5 minutes or until almost boiling.

Remove from heat & stir instant coffee and Akta-Vite through mix. Refrigerate until cold.

Blend cold moccha mixture with yoghurt, ice cream and ice. You may need to do this in batches depending on the size of your blender.

Serve in tall glasses with a sprinkle of Akta-Vite over the top.