

Akta-Vite & Coconut Granola

2 cups rolled oats
1 cup shredded coconut
1/3 cup coconut oil, melted
1/2 cup Akta-Vite
1/3 cup water

Preheat oven to 150°C. Line a baking tray with baking paper.

In a large bowl, mix oats and shredded coconut.

Melt coconut oil gently in microwave or a saucepan over low heat.

Stir Akta-Vite into water until Akta-Vite has dissolved. Whisk into melted coconut oil.

Stir Akta-Vite mix into oat mix thoroughly to ensure oats are coated.

Spread onto baking tray and bake for 30 minutes, turning every 10 minutes to ensure even baking.

Allow to cool completely before storing in an airtight container.

Delicious with banana and yoghurt for breakfast or as a crumble topping over poached pears for dessert.

This granola isn't overly sweet so if you'd like it a little sweeter, try adding 1 - 2 tablespoons of sugar to the Akta-Vite & water mix. You could also use a sugar alternative eg. stevia or maple syrup.